



# GPC-GB

## RECORD CLAIM FORM

<b>First Name</b>		<b>Surname</b>	
<b>Full Postal Address</b>		<b>E-mail Address</b>	

<b>Date of Birth</b>		<b>Age</b>	
<b>Weight Class</b>		<b>Raw/Equipped</b>	
<b>Name of Championships</b>		<b>Benchpress /Powerlifting</b>	
<b>Location</b>		<b>Date</b>	

**Records being Claimed:** (for a record total, please include all best attempts)

<b>Record Squat</b>	<b>Record Bench</b>	<b>Record Deadlift</b>	<b>Record Total</b>
<b>Best Squat</b>	<b>Best Benchpress</b>	<b>Best Deadlift</b>	<b>Record Total</b>

### TO ORDER A RECORD CERTIFICATE

Certificates cost £2.50 per lifter (to cover costs of admin & postage). At championships where international records can be broken, the form and money can be given to the Records Keeper. In the absence of the Records Keeper, the forms and certificate fee can be given to any of the GPCGB Committee members.

Lifters wishing to claim record certificates for records previously set, must email the form to the records keeper and can pay the fee to any Committee Member .

The records keeper's email address is: [scott@gpcgb.co.uk](mailto:scott@gpcgb.co.uk)