



2015 GPC-GB
Charity Push/Pull
Saturday 5th December 2015

Central Fitness Gym, Birmingham
511 Garretts Green Lane
Sheldon, Birmingham, B33 0SG

FIRST NAME.....SURNAME.....

ADDRESS.....

.....POSTCODE.....

D.O.B..... AGE..... BEST TOTAL.....

Please tick RAW..... EQUIPPED.....

Please Tick BENCH ONLY..... DEADLIFT ONLY.....

BODYWEIGHT CLASS (please circle)

MENS 52 56 60 67.5 75 82.5 90 100 110 125 140 140+

WOMENS 44 48 52 56 60 67.5 75 82.5 90 90+

I HERBY AGREE TO ENTER THIS EVENT ON THE FOLLOWING TERMS

1. That I take part entirely at my own risk and that there shall be no liability whatsoever on the part of the GPCGB, it's officials, employees or agents for any loss, damage or injury suffered by me howsoever caused.
2. That I know of no reason why I should not take part on the grounds of ill health.
3. Please send entry form and £25 entry fee (all proceeds going to charity) to Lee Marshall, Central Fitness Gym, 511 Garretts Green Lane, Sheldon, Birmingham, B33 0SG

SIGNATURE..... DATE

Weigh in will be 24 hour only, no weigh in on competition day.

