

BRITISH CHAMPIONSHIPS - Single Lifts 2014

Men Raw Bench

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Reshel	Bench 1	Bench 2	Bench 3	Bench 4	Weight Formula	Age Formula	Result
Ben Holmes	26	MO	73.2	75	1.1438	125	-130	-130		142.98	0.00	1-MO-75
Jodie Boardman	34	MO	81.8	82.5	1.0356	140	147.5	152.5		157.93	0.00	1-MO-82.5
Gavin Hallett	32	MO	90	90	0.9690	150	-160	160		155.04	0.00	1-MO-90
Richard Thrift	24	MO	95	100	0.9370	130	137.5	140		131.18	0.00	2-MO-90
Alex Wilkinson	31	MO	98.2	100	0.9222	175	-185	192.5	-197	177.52	0.00	1-MO-100
Martin Cassin	27	MO	98.2	100	0.9222	175	185	190	196	175.22	0.00	2-MO-100
Ben Ford	17	MT-2	103.2	110	0.9040	110	115	-120		103.96	112.28	1-M2-110
Billy Simms	28	MO	104.8	110	0.8988	-200	210	215	-222.5	193.24	0.00	1-MO-110
Lee Alberts	35	MO	124.7	125	0.8580	160	-175	180		154.44	0.00	1-MO-125
Deglan Holland	49	M-2	115.6	125	0.8716	-130	-140	-150		0.00	0.00	
Michael King	64	M-5	127.6	140	0.8540	200	215	-231		183.61	266.23	1-M5-140

Women Raw Bench

Nea Raisenen (Guest)	20	F-J	59	60	1.0010	67.5	-72.5	-72.5	-75	67.56	69.59	Guest
Joanna Halliday	39	FO	60	60	0.9876	60	65	70		69.13	0	1-FO-60

Men Equipped Bench

Thomas Gleeson Eq (Guest)	22	M-J	87	90	0.9900	200	-210		0	198.00	0.00	Guest
Scott Boardman Eq	39	MO	89.9	90	0.9694	200	-212.5	-212.5	0	193.88	0.00	1-MO-90
Neil Spence Eq	46	M-2	96	100	0.9320	180	200	-212.5		186.40	199.07	1-M2-100
Nick Chambers Eq	28	MO	106	110	0.8950	170	-190	-190	0	170.89	0.00	1-MO-110
Tiny Meeker Eq (Guest)	42	M-1	151.5	140+	0.8290	-455	-455	-505	0	0.00	0.00	0.00

Men Raw Deadlift

Ciaran Cordingley	19	MT-3	75	75	1.1170	210	225	235	240	262.50	272.99	1-MT3-75
Ben Divine	42	M-1	98.6	100	0.9206	260	-280	-280		239.35	244.14	1-M1-100

Womens Raw Deadlift

Nea Raisenen (Guest)	20	F-J	59	60	1.0010	135	145	155		155.15	159.81	Guest
Joanna Halliday	39	FO	60	60	0.9876	135	-145	150	-152.5	148.14	0	1-FO-60

Men Equipped Deadlift

Thomas Gleeson Eq (Guest)	22	M-J	87	90	0.9900	287.5	305	315	-325	311.85	0.00	Guest
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